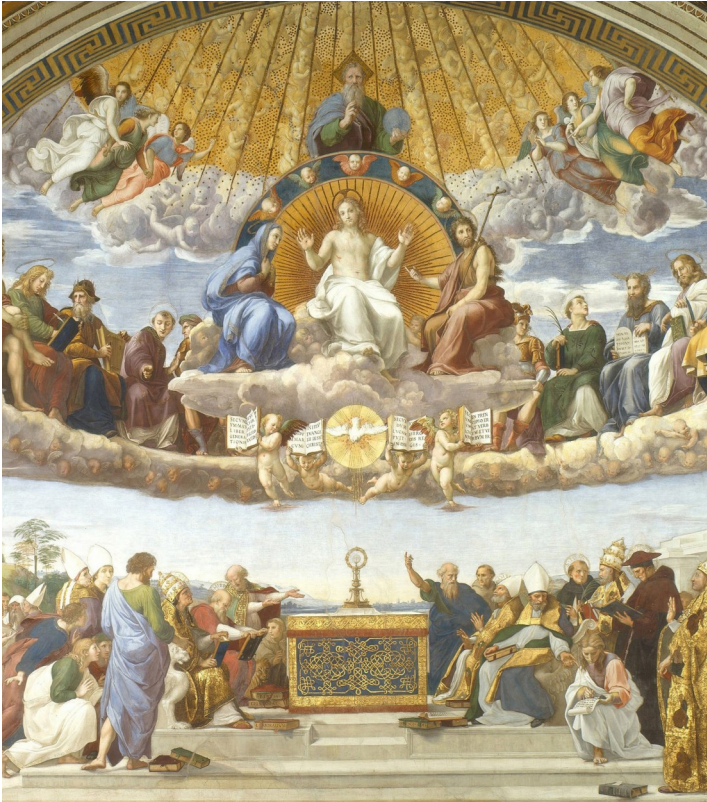


# *Blessed Trinity Parish*

## *Roman Catholic Church*

*Greenfield, Massachusetts*

*Fourth Sunday of Lent - March 19, 2023*



### *Schedule of Masses*

Lord's Day Vigil— Saturday 4 pm  
Lord's Day—Sunday 8 am, 9:30 am, & 11 am

#### **Lenten Weekday**

M -T -Th - F - 8:30 am & 12:05 pm  
Wed. 12:05 pm & 6 pm

First Saturday - 8 am

Holy Day Vigil - 6 pm

Holy Day - 8:30 am, 12:05 pm, & 6 pm

*"Just as the living Father sent me  
and I have life because of the Father,  
so also the one who feeds on me  
will have life because of me." Jn 6:57*

### *Our Churches & Sacred Spaces*

#### *Blessed Sacrament Church*

221 Federal Street

Mass: Saturday - 4 pm | Sunday - 11 am | Lent Weekday  
Holy Day Vigil: 6 pm | Holy Day: 8:30 am

#### *Calvary Cemetery*

Wisdom Way | First Burial recorded 1792

#### *Holy Trinity Church*

135 Main Street

Mass: Sunday - 8 am & 9:30 am | Lent Weekday  
Holy Day: 12:05 pm & 6 pm

#### *Perpetual Adoration Chapel*

221 Federal Street | Always present 24/7

[www.blessedtrinitygreenfield.org](http://www.blessedtrinitygreenfield.org)

### *All are Invited & Welcome to Join Us!*

We are a diverse Catholic Community of Greenfield which shares a faith in Jesus Christ, is nourished at the table of the Eucharist, celebrates life-giving and healing Sacraments, tries to live the beatitudes, and reaches out in service, together.

Please join us on this journey of life and faith!

## **FOURTH SUNDAY OF LENT – THE MONTH OF SAINT JOSEPH**

O God, who through your Word reconcile the human race to yourself in a wonderful way, grant, we pray, that with prompt devotion and eager faith the Christian people may hasten toward the solemn celebrations to come. —*Amen*



### **PARISH OFFICE.**

14 Beacon Street. Greenfield, MA 01301

**HOURS:** Monday-Friday: 9 am - 4 pm

413.773.3311 | 413.774.2884  
office@blessedtrinitygreenfield.org



**PASTOR:** Rev. Michael M. Pierz

pastor@blessedtrinitygreenfield.org | x103

**DEACONS:** deacons@blessedtrinitygreenfield.org

Deacon Paul F. DeCarlo | Deacon John Leary

Deacon George Nolan | Deacon Channing L. Bete (ret.)

**CAMPUS MANAGERS:**

Deacon Paul DeCarlo | Deacon John Leary

**OFFICE STAFF:**

Monique Richardson | Jane Fay | Amanda Edson

**MAINTENANCE STAFF:**

Harry Demers | Curtis Plausky

**CEMETERY ADMINISTRATION:**

Betty Fritz, Administrator

**MUSIC MINISTRY:**

Paul Calcari, Choir Director | Kathleen Galluzzo, Organist

Stephen Glover, Organist/Choir Director

**RELIGIOUS EDUCATION:**

Katie Pierce, Interim Coordinator

ReligiousEd@blessedtrinitygreenfield.org

**FOOD PANTRY:**

Donna Leary, Coordinator

pantry@blessedtrinitygreenfield.org

**BULLETIN:**

Charlene Currie, Editor *pro tem*

bulletin@blessedtrinitygreenfield.org

(Deadline: **Wed.5pm -10 days prior-** for following weekend.)

**FINANCE COUNCIL:** (transitional)

Bill Bell (Co-Chair) | Kevin O'Neil (Co-Chair)

Pierre Belhumeur | Ann Dillon

Gary Longley | Mark Penfield

**RELIGIOUS EDUCATION BOARD:**

Marshall Carroll | Virginia Christi

Phil Corrinet | Jason Edson

Mary Fleury | Michael Motisi

Lindsay O'Neil | Katie Pierce

Karen Yestramski-Provost

**BUILDINGS & MAINTENANCE COMMISSION:**

Pierre Belhumeur | Skip Descavich

Johan Livingstone | Gary Longley

Mark Penfield | Greg Rode

**FATHER JAMES CASEY HALL** (135 Main St)

**PASTORAL CENTER HALL** (14 Beacon St)

**BL. MCGIVNEY CONFERENCE ROOM** (14 Beacon St)

Arrangements for use can be made through the Parish Office.

**PERPETUAL ADORATION CHAPEL**

Deacon John Leary, Coordinator

Hours available and Coverage Requested

**CALVARY CEMETERY**

Arrangements for burial can be made through the Parish Office.

## **OUR MINISTRIES.**

**FOOD PANTRY**

Saturday 9 am– noon | Tuesday Noon-3 pm | Thursday 3 pm-6 pm | pantry@blessedtrinitygreenfield.org

**COMMUNITY MEALS:** 2nd, 4th & 5th Thursdays—to volunteer call Marcy Hoynoski 413.773.3311

**ALTERNATIVES PREGNANCY CENTER**

413.774.6010 *Pregnancy Tests, Counseling, Support, Post Abortion Support*

**NATURAL FAMILY PLANNING:** Ed & Suzi Cottrill 413.773.3311

**YOUNG & CATHOLIC YOUNG ADULT GROUP OF FRANKLIN COUNTY:** Stephanie Paige 413.773.3311

**POPE ST. JOHN PAUL THE GREAT YOUTH GROUP:** Ed & Suzi Cottrill 413.773.3311

**BLESSED TRINITY ROSARY SODALITY:** Marcy Hoynoski, President. 413.773.3311

**KNIGHTS OF COLUMBUS, LT. JOHN GALVIN COUNCIL No. 133:** Dan Arsenault, Grand Knight. 413.773.3311

**HOSPITAL MINISTRY | JAIL MINISTRY | HOMEBOUND MINISTRY | HOMELESS MINISTRY**

### ***Thoughts from the Pastor's Desk ...***

Dear friends of Blessed Trinity,

"Awake, O sleeper, and arise from the dead, and Christ will give you light." Celebrating today the Fourth Sunday of Lent, Laetare Sunday, we are invited to perceive a lightening by grace in the throes of our darkness. Prayer, almsgiving, and penitence have disposed us to appreciate a glimmer of the coming paschal radiance of the Resurrection of Christ!

Marking this midpoint of Lent I share with you several vibrant encounters.

Our Pastoral Ministry to the Sick & Homebound is looking to strengthen our outreach and activities among our nursing homes, hospital, and homebound. Fostering prayerful presence and deepening spiritual and personal engagement will assure that those who are suffering illness or isolation will know they are not alone.

Our Pastoral Ministry to the Homeless, the Poor, & the Hungry is gathering to coordinate efforts for pastoral outreach among many in the Greenfield area. Supporting our Community Meals and Food Pantry programs, hopes have been raised to deepen our encounters and relationships with those guests whom we serve each week.

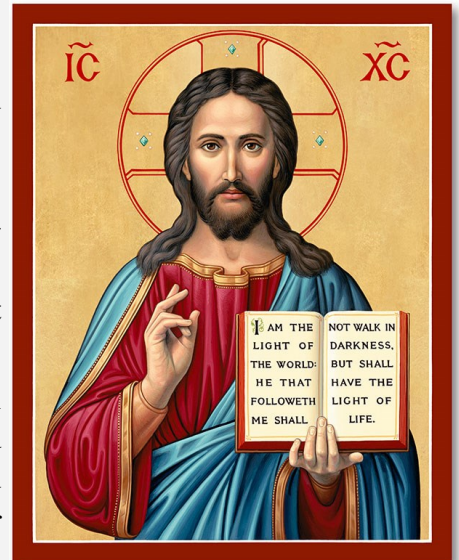
Our Worship Commission has been diligently preparing for a prayerful and reflective culmination of the season of Lent, especially in the liturgy, in music, and in the ornamentation of our churches. Thank you to all those who make this season so spiritually profound and lead us to the great joy of Easter glory!

Finally, our staff and I welcome Amanda Edson in our Parish Office as she begins to serve in various administrative duties, calendar scheduling, Mass requests, and communications efforts of our parish. Welcome Amanda!

With only a few more weeks to go in Lent, may our heightened prayer, fasting, and almsgiving direct our hearts and minds all the more acutely to an illumination in God's grace and a purified sight of His divine power. By our efforts in building up a life of virtue and holiness, may we be witnesses to Christ the Light!

*Most Holy Trinity, I adore You! My God, I love you in the Most Blessed Sacrament!*

**Fr. Pierz**



**Today is Laetare Sunday—the Fourth Sunday of Lent.** *Michael Heinlein. SimplyCatholic.com* Laetare Sunday when the Church's sacred ministers wear "pink" or "rose". The day's theme comes from the entrance antiphon reflecting on Isaiah 66:10-11: "Rejoice, Jerusalem, and all who love her. Be joyful, all who were in mourning; exalt and be satisfied at her consoling breast." *Laetare* is the first word — meaning "rejoice" — in the Latin text. On Laetare Sunday (as similarly with the Third Sunday of Advent's Gaudete Sunday) the Church expresses hope and joy in the midst of our Lenten fasts and penances. Call it pink — or, more fittingly, rose — this change in color indicates a glimpse of the joy that awaits us at Easter, just before we enter into the somber days of Passiontide.

The joy of Easter being around the corner is symbolized in a few other interesting liturgical possibilities. During Lent, the General Instruction of the Roman Missal forbids flowers adorning the altar. But on Laetare Sunday (as well as solemnities and feasts within the season), there's a temporary halt to these penitential observations! I remember well decking out the altar with pink roses on that day when I was once a parish liturgy director. At one time, marriages were generally forbidden during Lent, but Laetare Sunday was often associated as a day when marriages could be celebrated during the penitential season. While marriages are now only forbidden on Good Friday and Holy Saturday, Laetare Sunday is still a fitting day for those wishing to be married before Eastertide.

Laetare Sunday is the Church's way of giving us a "shot in the arm" as we approach the darkness and horror of the days through Good Friday and Holy Saturday. It's an opportunity to savor and keep in the back of our minds what awaits us on Easter Sunday — the reality that Jesus Christ is risen from the dead, and that our hearts will always be filled with joy!

Being aware of traditions and customs assists us in celebrating the beauty of our faith. As you can see, there is much associated with even a nondescript day like the Fourth Sunday of Lent — not to mention the rest of the season, or the 50 days of Easter and beyond. Take advantage of the richness of our Catholic traditions.



# OUR FAITH.

## OUR SACRAMENTS.

### EUCCHARIST:

#### LORD'S DAY MASS

Saturday 4:00 pm (BSC) | Sunday 8:00 am (HTC), 9:30 am (HTC), 11:00 am (BSC)

#### WEEKDAY MASS - LENT

MTThF 8:30 am (BSC) | M-F 12:05 pm (HTC) | Wed. 6 pm (PAC)

#### ADORATION

Always present, 24/7 in our Perpetual Adoration Chapel (PAC)

### CONFESSION:

Saturday, 2:30-3:30 pm | 30 min. before Sunday Masses\* | Wednesday, 5-5:45pm | or by appointment. \* Every effort is made to arrive 30 min. before the 11 am Mass for Confession, however priest availability can be limited.

### BAPTISM:

Please contact the Parish Office to schedule baptism preparation classes, review sponsor eligibility, and plan celebration of the sacrament. Typically celebrated within 8 weeks of birth. Ceremony may be private or during our Sunday Masses.

### MARRIAGE:

Please contact the Parish Office at least 9 months in advance to enroll in marriage preparation classes and plan liturgy arrangements.

### CONFIRMATION:

Typically takes place through our Religious Education program. If you are an adult and have not received the Sacrament of Confirmation, please contact the Parish Office.

### HOLY ORDERS:

Have you ever been inspired of a vocation to the priesthood or religious life? Please speak with Fr. Pierz or call the Parish Office.

**ANOINTING OF THE SICK:** Available during pastoral visit, Sacrament of Confession, or by appointment.

**ORDER OF CHRISTIAN INITIATION FOR ADULTS:** Seeking to receive all your sacraments and enter full communion with the Catholic Church? You are invited and welcome to join us! Please contact the Parish Office to learn how to become Catholic and receive the sacraments of initiation.



### LENTEN SEASON: STATIONS OF THE CROSS.

Monday 6:30 PM BSC | Friday 11:30 AM HTC

The Stations of the Cross are representations of the path Jesus bore on his way to the crucifixion. They involve Jesus enduring suffering, insults, moments of support, and the intense sacrifice that Christians believe Jesus undertook for human salvation. The object of the Stations is to help the faithful make a pilgrimage (in spirit) to the chief scenes of Christ's sufferings and death. Most simply, they are usually performed during Lent, especially on Good Friday, and are about remembering Christ's suffering for our sake.

We invite you to join us for this long-held and meaningful Lenten practice.

*"For with God nothing will be impossible."*

Luke 1:37

**PONTIFICAL GOOD FRIDAY COLLECTION—APRIL 7.** Pope Francis has asked our parish to support the Pontifical Good Friday Collection, which helps Christians in the Holy Land, where they are now less than 2% of the population. Your support is essential to help the church minister in parishes, provide Catholic schools, and offer religious education. The Pontifical Good Friday Collection also helps to preserve the sacred shrines of Christianity, including Jerusalem, Nazareth, and Bethlehem, to name only a few.

The pandemic hit Christians in the Holy land particularly hard. Most of them depend on pilgrimages for work. In these times of crisis, the Pontifical Good Friday Collection is necessary to meet the basic needs of the People of God still living in this Land and to maintain a Christian presence where the church was born.

When you contribute to the The Pontifical Good Friday Collection, you join with Catholics around the world in solidarity with the Church in the Holy Land. PLEASE BE GENEROUS!

For more information about Christians in the Holy land, visit [www.myfranciscan.org](http://www.myfranciscan.org) or [www.custodia.org](http://www.custodia.org).

# OUR FAITH.



## **DIOCESE OF SPRINGFIELD** **LENTEN REGULATIONS 2023**

1. Ash Wednesday and Good Friday are days of abstinence from meat as well as days of fast, when only one full meal is allowed. On days of fast, two other meatless meals may be taken according to one's needs, but together they should not equal another full meal.
2. The other Fridays of Lent are days of abstinence from meat.
3. The obligation to abstain from meat begins at age fourteen (14) and does not cease.
4. The obligation to fast begins at age eighteen (18) and ceases at age fifty-nine (59).

Please note: Although the faithful may excuse themselves from fast and abstinence, for a just cause, there is an obligation to substitute another penance in its place. No Catholic should lightly excuse him/herself from these Lenten obligations.



### **LENTEN PENANCE SERVICE.**

**Sunday, March 19 | 3:00 PM | Blessed Sacrament Church**

Please join us for this special service with many visiting priests available for confession and guide us as we prepare our souls for the coming Paschall feast of Easter.

*"The Lord never tires of forgiving, it is we who tire of asking for forgiveness."*

**Pope Francis**

### **LENTEN SEASON:** **DAILY MASS SCHEDULE**

Monday	8:30	12:05	—
Tuesday	8:30	12:05	—
Wednesday	—	12:05	6:00 PM
Thursday	8:30	12:05	—
Friday	8:30	12:05	—

8:30 AM Mass in Blessed Sacrament Church

12:05 PM Mass in Holy Trinity Church

6:00 PM Mass in Perpetual Adoration Chapel



### **LENTEN SEASON:** **CONFESSION SCHEDULE**

Saturday 2:30-3:30 PM (BSC)

Wednesday 5:00-5:45 PM (PAC)

**NEW** Before weekend Mass\* (HTC/BSC)

By appointment. 773.3311

\* Every effort is made to arrive 30 min. before the 11 AM Mass for Confession, however priest availability can be limited.

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**April 6—Holy Thursday | April 7—Good Friday**  
**April 8—Holy Saturday | April 9—Easter Sunday**

### **HOLY WEEK MASS SCHEDULE.**

April 6—Holy Thursday Mass of the Lord's Supper—7 PM (BSC)

April 7—Good Friday (no Masses)

3 PM Stations of the Cross (HTC) followed by Chaplet of Divine Mercy

7 PM Celebration of the Passion of the Lord (BSC)

April 8—Holy Saturday Easter Vigil - 8 PM (HTC)

April 9—Easter Sunday—Regular Mass Times

8 AM (HTC) | 9:30 AM (HTC) | 11 AM (BSC)



# OUR PARISH.



## Mass Intentions

**SATURDAY, March 18—FATHER AKSAMIT**

4:00 BSC EDWARD JERONCZYK & WALTER SMITH — Arlene and Family

**SUNDAY, March 19— FR. AUFIERO**

8:00 HTC CATHY BUTTERFIELD — Betty Webber

9:30 HTC JOSEPH & BEATRICE MISKINIS — Kip, Lill and Roger

11:00 BSC GRACE & BLESSINGS FOR STEPHEN JOSEPH FILIAULT — Mom

**MONDAY, March 20 – FATHER PIERZ**

8:30 BSC MATTHEW KOSTANSKI —Britney, George, and Children

12:05 HTC JOHN E. KILEY FAMILY – the Estate

**TUESDAY, March 21—BISHOP McDONNELL**

8:30 BSC BRENT KOSTANSKI – Bill, Mary, Britney, and George

12:05 HTC LOIDE AND RITA PERREAULT – Pierre and Lucille

**WEDNESDAY, March 22—CLERGY IN PURGATORY**

12:05 HTC STANLEY LOPATKA – David and Judy

6:00 PAC RICK DUFRAINE – Jackie Jurewicz

**THURSDAY, March 23—FATHER LISOWSKI**

8:30 BSC JOYCE TILTON – Laurie

12:05 HTC RICK DUFRAINE – Monique

**FRIDAY, March 24—DEACON DECARLO**

8:30 BSC STANLEY AND ELEANOR PARDA – Don Parda

12:05 HTC ROSE AND GEDEON BELHUMEUR - Pierre and Lucille

**SATURDAY, March 25—FATHER O'MANNION**

4:00 BSC GRACE & BLESSINGS FOR MARY FILIAULT LARVEY – Mom

**SUNDAY, March 26— CLERGY WHO ARE SICK**

8:00 HTC PAUL CAMPBELL — Deacon Joe and Marie Bete

9:30 HTC KATHERINE PENDLETON — the Burke Family

11:00 BSC MATTHEW KOSTANSKI – his Parents

## **FOURTH SUNDAY OF LENT.**

**MARCH 19, 2023**

Give eternal life O Lord, to all our beloved dead. May they rest in peace! We remember in our prayers:

**ROBERT SPARKMAN | VICTIMS OF THE WAR**

## **MARCH 26—APRIL 8**



**BSC SANCTUARY CANDLE** is burning this week in memory/honor:

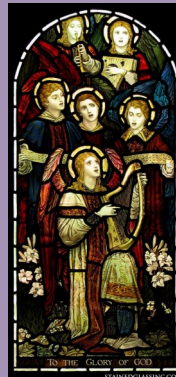
For a **Special Intention** from Anonymous  
**HTC 7-DAY CANDLE:** For special intentions given by Mary Reilly Parsons.

**ADORATION CHAPEL CANDLES** will burn in memory/honor of:

1. **Health & Blessings for Holly Sullivan**—from Claire Heath
2. **For a Special Intention**—from Anonymous
3. **For a Special Intention**—from Anonymous
4. **Patricia Duffey Earley**— from Robert Earley



If you would like to burn a candle or donate flowers for a special occasion, in memory of a loved one or other intention, call the parish office at 773.3311



## **OUR CHOIRS INVITE YOU TO JOIN THEIR COLLECTIVE VOICES.**

Ever thought about joining the choir but needed a nudge? Our talented and enthusiastic choirs are looking for more members to join their “family”. You don’t need experience—only enthusiasm and a desire to share your talent with our appreciative parishioners. Still not sure? Contact Paul Calcarì with questions. At 773.3311 or come to a rehearsal or two to see if this is something that interests you. **Weekly Rehearsals: 6:30 pm-7:30 pm either Tues. (HTC) or Wed. (BSC)** *Hope to see you soon!*

## **CALVARY CEMETERY SPRING CLEAN UP.**

A reminder that **April 1st** is the time set each year for the removal of pots and plants from the graves at Calvary Cemetery because of the spring cleanup.

**Thank you!**

## **CANTORS.**

Saturday Mar. 18 4:00 pm— Betsy Grybko

Sunday Mar. 19 11:00 am — Brenda Hill

Saturday Mar. 25 4:00 pm— Sandra Pavoni

Sunday Mar. 26 11:00 am — Jackie Jurewicz



# OUR PARISH.



## COMMUNITY MEALS MINISTRY. Upcoming Community Meals.

**March 23** Darlene Steiner | **March 30** Kathy Tomaus

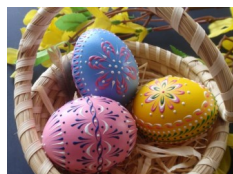
Take-out only 5-6 pm at Holy Trinity Church on the 2nd, 4th and 5th Thursday of the month. People can come to the door and they are given a container with a complete meal.

**Additional volunteers are needed** to prepare and serve meals, as well as bakers to make desserts. If you would like to volunteer for this ministry with a few hours of your time, please call our Community Meals team at 773.3311.

## LOCAL—ANNUAL EASTER BAZAAR SAT. APR. 1

### Our Lady of Czestochowa

**Church**, 84 K Street, Turners Falls, **from 9 am—2 pm**. Polish food sale, items from Poland, religious & sacramental gifts, bake sale, Easter & spring crafts, Gift Basket raffle, white elephant table & more. Serving Breakfast & Polish Lunch. For more information, call 863-4748.



**FRIENDLY REMINDER.** All checks must be made out to **BLESSED TRINITY PARISH.** The **bank will no longer accept any other name** going forward. If your check is made out incorrectly, the bank will not make the deposit and will return the checks back to us. The parish office staff must call you to rewrite another check.. **THANK YOU!**

## WEEKEND OF MARCH 12, 2023

*"Pray, brethren, that my sacrifice and yours may be acceptable to God, the almighty Father"*

|                           |            |
|---------------------------|------------|
| Weekly Parish Collection: | \$ 4569.50 |
| Fuel/Energy Collection:   | \$ 155     |
| Maintenance Collection:   | \$ 347     |

*"May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of His Holy Church."*

**Thank you for your generosity!**

## This Week at Blessed Trinity Parish

### Monday March 20—First Day of Spring!

**8:30 am** Mass (BSC)  
**11:30 am** Most Holy Rosary (HTC)  
**12:05 am** Mass (HTC)  
**6:00 pm** Roses for Mary Prayer Group (PAC each Mon.)  
**6:00 pm** Pastoral Ministry to the Sick & Homebound (Pastoral Ctr.) (all are welcome!)  
**6:30 pm** Stations of the Cross (BSC)

MARK YOUR  
CALENDAR!



### Tuesday March 21

**8:30 am** Mass (BSC)  
**11:30 am** Most Holy Rosary (HTC)  
**12:05 am** Mass (HTC)  
**6:45-8:15 pm** Boys Scouts Pastoral Center (every Tues.)  
**6:30 pm** Weekly Choir Practice- (HTC)

### Wednesday March 22

**11:30 am** Most Holy Rosary (HTC)  
**12:05 am** Mass (HTC)  
**5-5:45 pm** Confession (PAC)  
**6 pm** Mass (PAC)  
**7 pm** Holy Hour for the Sick and Dying—(PAC each Wed.)  
**7 pm** Faith Formation Meeting -Pastoral Center (all are welcome!)  
**6:30 pm** Weekly Choir Practice- (BSC)

### Thursday March 23

**8:30 am** Mass (BSC)  
**11:30 am** Most Holy Rosary (HTC)  
**12:05 am** Mass (HTC)  
**5-6 pm** Community Meal: Take-out only (HTC)

### Friday March 24

**8:30 am** Mass (BSC)  
**11:30 am** Stations of the Cross (HTC)  
**12:05 am** Mass (HTC)  
**3 pm** Chaplet of Divine Mercy recited (Adoration Chapel ea. Fri.)

### Saturday March 25

Votive Fundraiser Pope St John Paul II Youth Group

**2:30 pm—3:30 pm** Confession (BSC)  
**4 pm** Mass (BSC)

### Sunday March 26

Votive Fundraiser Pope St John Paul II Youth Group

**8 am** Mass (HTC) Confession: 30-minutes beforehand  
**9:30 am** Mass (HTC) Confession: 30 minutes beforehand  
**9:45 am—10:45 am** Gr. 1-8 Religious Education Classes Pastoral Center. Coffee & conversation for parents.  
**11 am** Mass (BSC) Confession: 30 minutes beforehand (Note: Priest availability can be limited with 9:30 am Mass at HTC)  
**6-7 pm—Gr. 9-10** Religious Education Classes Pastoral Center.

Upcoming Pastoral Commission Meetings (all are welcome!):

**Pastoral Ministry to the Sick & Homebound**, 6PM, Monday, March 20, Past. Center Conf. Room

**Faith Formation**, 7PM Wednesday, March 22, Past. Center Conf. Room

**Community Meals Strategy Meeting**, 4PM, Wednesday March 29, Past. Center Conf. Room

**Pastoral Ministry to the Homeless, the Poor, & the Hungry**, 7PM, Wednesday, March 29, Past. Center Conf. Room

# OUR FAITH.

## **LENTEN PENANCE SERVICE** . Sunday, March 19 | 3:00 PM | Blessed Sacrament Church

Please join us for this special service with many visiting priests available for confession and guide us as we prepare our souls for the coming Paschal feast of Easter.

### **GUIDE TO CONFESSION - NET MINISTRIES**

**PREPARING FOR CONFESSION** • Pray for the Holy Spirit to help enlighten your conscience so you may know your sins, be sorry for them, and tell them honestly and sincerely. • With the Holy Spirit's help, identify your sins (what sins and how often). • Pray for courage to make a good confession and prepare to receive the great gift of forgiveness. Remember, Jesus wants what is best for you. He is waiting to forgive you and welcome you back.

**MAKING YOUR CONFESSION.** When you arrive at confession, the priest will greet you and both of you will make the Sign of the Cross. You may begin by saying: "Forgive me Father, for I have sinned. It has been (state length of time) since my last confession. These are my sins." Then tell your sins, especially any serious sins. The priest will give the necessary advice and assign penance. Then, you pray the Act of Contrition (see below). It is okay to take the prayer on a piece of paper in with you. You may also say your own Act of Contrition, as long as your prayer mentions that you are sincerely sorry, and that you will try not to commit these sins again. Then the priest will give you absolution (forgiveness). Do your penance as soon as possible.

**ACT OF CONTRITION.** O my God, I am heartily sorry for having off ended You, and I detest all of my sins, because I dread the loss of heaven and the pains of hell, but most of all because they offend You, my God, who are all good and deserving of all my love. I firmly intend, with the help of Your grace, to sin no more and to avoid the near occasion of sin. Amen.

**EXAMINATION OF CONSCIENCE.** The examination of conscience generally takes place before going to individual confession but can be used at any time to review one's past. The purpose is to call to mind our sins in an orderly fashion (using the Ten Commandments), to best prepare to receive God's forgiveness.

**1. I AM THE LORD YOUR GOD. YOU SHALL NOT HAVE STRANGE GODS BEFORE ME.** • Do I pray daily, and seek to place God as the highest priority in my life? • Do I seek to surrender myself to God's Word, as taught by the guidance of the Church? • Have I been involved with superstitious practices or witchcraft (Ouija board, tarot cards, fortune telling, horoscopes), which falsely attribute power to anyone or anything else than God? • Have I received communion knowingly while in a state of mortal sin, without making an effort to go to confession? • Have I ever purposely withheld a sin from the priest in confession?

**2. YOU SHALL NOT TAKE THE NAME OF THE LORD YOUR GOD IN VAIN.** • Have I used God's name carelessly? Have I sworn or used foul language? • Have I told jokes which ridicule God, Mary, or the Saints? • Have I ever wished for evil upon someone?

**3. REMEMBER TO KEEP HOLY THE SABBATH.** • Have I deliberately missed Mass on Sundays or on other Holy Days of Obligation? • Do I pay attention and participate at Mass, or am I passive and uninvolved? • Have I tried to keep Sunday as a day of rest and a time for family? Do I do needless work on Sunday?

**4. HONOR YOUR FATHER AND MOTHER.** • Do I do my best to honor and obey my parents, and those in authority in my life? • Have I ever insulted my father or mother, swearing at them, or talking poorly about them to others? • When I have wronged my parents, do I apologize and admit my failings? • Have I used tobacco, or drank alcohol against the wishes of my parents?

**5. YOU SHALL NOT KILL.** • Have I had an abortion or encouraged anyone to do so? • Have I abused alcohol or other drugs? • Have I driven recklessly, possibly putting myself or others at risk? • Have I harbored feelings of hatred or envy towards others, been resentful or jealous? • Have I been in any fights (physical or verbal?)

**6. YOU SHALL NOT COMMIT ADULTERY.** • Have I respected members of the opposite sex, or have I treated them as objects? • Do I sincerely seek to be chaste (pure) in my thoughts, words, and actions? • Have I engaged in impure acts by myself (romantic fantasy or masturbation)? • Have I engaged in sexual touching with another person or had sexual intercourse?

**7. YOU SHALL NOT STEAL.** • Have I stolen anything from a store or another person which is not rightfully mine? • Do I cheat in school, either by copying homework or stealing answers on a test? • Do I waste time at school or at work, thereby cheating myself or my employer?

**8. YOU SHALL NOT BEAR FALSE WITNESS AGAINST YOUR NEIGHBOR.** • Have I lied or deliberately withheld the entire truth to protect myself? • Have I exaggerated any claims to make myself look better, or to impress my friends? • Have I gossiped, telling things about someone to harm their good name? • Do I keep confidential what was told to me in secret, or do I break my word?

**9. YOU SHALL NOT COVET (DESIRE) YOUR NEIGHBOR'S WIFE.** • Have I consented to impure thoughts, not trying to control my imagination? • Have I looked at pornographic videos, magazines, computer images or stories? • Have I told impure jokes or stories that would offend God or the dignity of others?

**10. YOU SHALL NOT COVET (DESIRE) YOUR NEIGHBOR'S GOODS.** • Am I jealous of other people's gifts, talents, or possessions? Am I greedy or selfish? • Am I materialistic? Do I think about the poor? Do I make an effort to reach out to help them?



# OUR FAITH.

## SPOTLIGHT ON OUR MINISTRIES:

Blessed Trinity Parish is growing all of our Pastoral Ministries in response to the enormous need right here in our own backyard in Greenfield and the surrounding towns. We will spotlight different Ministries each week in hopes that you will find one that speaks to your heart.

### Pastoral Ministry to the Sick and Homebound—*Serving our Nursing Homes, Hospital, & Homebound with:*

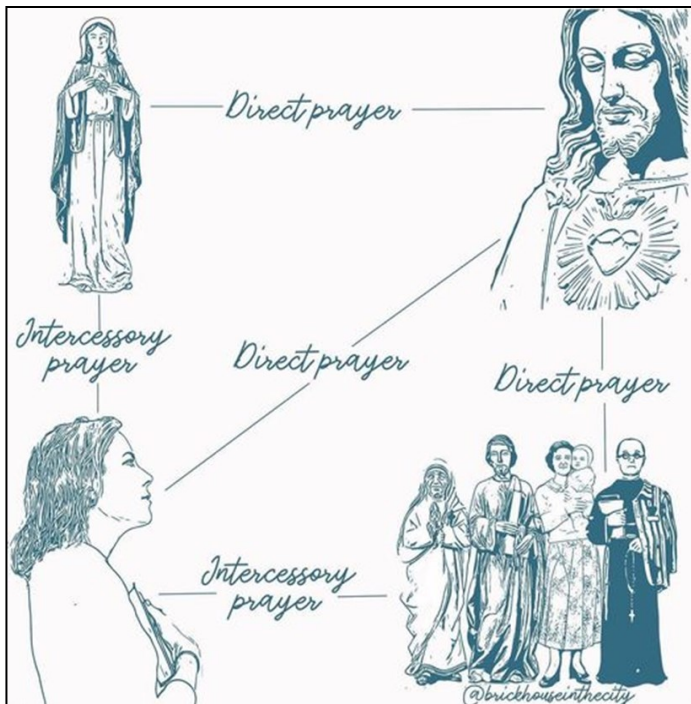
Holy Communion to the sick & homebound | Visits to comfort loved ones | Prayer Partners—sitting with the sick or dying, praying the Rosary or Chaplet of Divine Mercy | Sacrament of Confession & Anointing of the Sick

Over the last few years COVID has affected so many lives and our ability to visit the sick and the homebound. We are bringing this important ministry back in full force to service our community and are looking for passionate and caring volunteers to join us, whether it is bringing the Blessed Sacrament as an Extraordinary Minister of Holy Communion, sharing music and song in our nursing homes, or simply offering a ministry of presence and prayer with the lonely, the afraid, or the dying, you are needed and invited!

If you are interested in learning more about our growing ministry that visits Nursing Homes, the Hospital, & our Homebound, please join us for our upcoming commission and informational meeting:

**Monday, 03/20 at 6:00PM in the Pastoral Center Conference Room**

**Can't make the meeting or have questions?** Details & trainings are available by contacting Patti Coffin or Ava Clark at [comfort@blessedtrinitygreenfield.org](mailto:comfort@blessedtrinitygreenfield.org) or 413.773.3311.



## WHAT DO CATHOLICS BELIEVE ABOUT INTERCESSION?

### We do not worship Mary.

We love Mary.  
We honor Mary.  
We respect Mary.  
We learn from Mary.  
We take joy in Mary.  
And we ask for her powerful intercession.

### We do not worship the saints.

We love the saints.  
We honor saints.  
We respect the saints.  
We learn from saints.  
We take joy in saints.  
And we ask for their powerful intercession.

Just as other Christians believe and ask for the intercession of their friends on earth – we ask for the intercession of our friends in Heaven. **Simple as that.**

Let us all bring our separated brethren back to the Catholic fold. - ***Catholic Study Fellowship.com***

## CATHOLICS COME HOME.



To learn more about our Catholic Church and to help you understand more clearly the Church and her

teachings you can find helpful resources at

**[www.catholicscomehome.org](http://www.catholicscomehome.org)**

# OUR YOUTH.

## THE ST. JOHN PAUL II YOUTH GROUP UPCOMING EVENTS.

**MEETING SUNDAY MARCH 19.** The St John Paul II Youth Group will have its monthly meeting on Sunday, March 19<sup>th</sup> from 6:30-8:30 p.m. at Holy Trinity Church. All teens in 8<sup>th</sup>-12<sup>th</sup> grade are welcome. Bring a friend!



## ANNUAL VOTIVE FUNDRAISER. ON THE WEEKENDS OF MARCH 25-26 AND APRIL 1-2.

For a donation a candle with your petitions will be placed in the Perpetual Adoration Chapel for one week and the teens will have a Holy Hour on Palm Sunday to pray for all of the intentions.

**This is a powerful spiritual work of mercy!**

Do you know of a child that is interested in coming to CCD classes, meeting new friends and learning about the Bible? If so, please encourage them to visit a class!

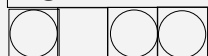
**Classes for Grades 1-8 are run each Sunday from 9:45am-10:45am at the Pastoral Center** (14 Beacon St.) next to Blessed Sacrament Church on Federal Street. Parents meet each Sunday for coffee and conversation while their kids are in CCD. **Grades 9-10 meet Sundays 6-7 pm.**

**Questions? Please call the Parish Office at 413.773.3311.**

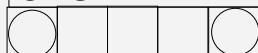


## Blessed Trinity Jumble

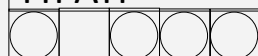
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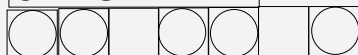
CEGRA



TIFAH



SEHOILT



“I am the light of the world, says the Lord; Whoever follows me will have ...”

## VAN DRIVERS NEEDED.

We are looking for volunteer van drivers to bring the kids to St. Michael School in Brattleboro from Greenfield.

- \* Morning and afternoon shifts are available.
- \* Flexible days and hours.
- \* No special license required.



If you have a valid driver's license, extra time and are looking to help, please join our team!

For more details, please contact Mark or Missy Penfield or email [Pfield4@comcast.net](mailto:Pfield4@comcast.net) . **Thank you!**

## JUST FOR PARENTS—LENTEN SPEAKER SERIES.

**March 22 6:30 pm-** Karen Kiefer: Catholic Parenting: You're Not Alone!  
Our Lady of the Blessed Sacrament Church | 127 Holyoke Road | Westfield, MA

*"Seek a relationship when you pray, not answers. You won't always find answers, but you will always find Jesus."*

Father Mike Schmitz



# OUR YOUTH.

**Blessed Trinity Parish is hiring!**



**WE ARE SEEKING A DIRECTOR OF RELIGIOUS EDUCATION (DRE) TO START IN THE SPRING/SUMMER OF 2023.**

## THE POSITION:

The DRE is a leadership role responsible for the development, organization, and administration of the Religious Education program for the school-aged children of Blessed Trinity Parish.

This part-time position (24-28 hours per week; year round) will report to the Pastor and collaborate with the Religious Education Board.

Candidates should submit a resume and cover letter that speaks to their interest and qualifications relative to the job description.

## HOW YOU CAN HELP :

- Prayerfully consider if God is calling you personally?
- Do you know someone who would be a great candidate? Please talk with them.
- Visit our parish Facebook page to like and share the job posting to your personal page or Catholic FB groups... let's spread the word!
- Be brave! Don't be afraid to speak up if you meet someone while out and about who seems qualified... That could be the Holy Spirit at work.



Review the job description here:  
<https://bit.ly/DREjobposting>

**CONTACT US:**  
[apply@blessedtrinitygreenfield.org](mailto:apply@blessedtrinitygreenfield.org)